#### ENSA - helping you to make the most of your student experience

Website: www.napierstudents.com | Social Media: @napierstudents



### IMPACT REPORT **SESSION 2021-22**



### **ELECTED OFFICERS**

ENSA's three Elected Officers have been working on your behalf to help you make the most of your university experience.



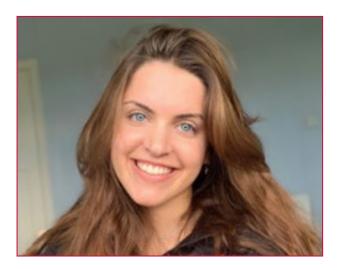
#### HELOISA FYFE PRESIDENT FOR SOCIETIES AND COMMUNITY

This academic year I've focused on community, sustainability, outreach and international student support. I established the Buddy System which enabled over 130 new students to feel integrated into the Edinburgh Napier community. I worked towards sustainability awareness by speaking at university climate conferences, taking students to protests and organising sustainability events, such as Climate Week and clothes swaps. I regularly reached out to students through social media and by meeting them on campus at least twice a week. I also supported students to start new societies and develop existing ones.



I worked closely with Student Futures to promote engagement with their services, especially during Student Opportunities Week. I also worked with Schools and Programme Leaders to build partnerships with local businesses to increase work-based learning opportunities for all programmes. I served on the Steering Group on Inclusion and Decolonisation in the Biological Sciences, the learning from which will be shared across the University. I also led the Rep Forums and effectively raised student concerns related to academic and facilities issues which were then resolved by the University.

#### MATTHEW AKINPELU CO-PRESIDENT FOR EDUCATION AND EMPLOYABILITY



#### **EMILY DIVINE** CO-PRESIDENT FOR SPORT AND WELLBEING

I have worked to promote inclusivity in sport and create ways for students to maintain and improve their mental and physical wellbeing. I established the Sports Ambassadors programme, appointing a total of six ambassadors; four to support Women, LGBT, BAME and Accessibility in sport, and two to kickstart a recreational sport programme to help students stay physically active but on a less competitive level. I have also worked closely with the Wellbeing Team on delivering the Student Mental Health Agreement and organised campaigns around World Mental Health Day to promote positive mental health.



# STATS AT A GLANCE THE YEAR IN NUMBERS (JULY 2021 - MARCH 2022)



our most ever!



7 new for 21/22!

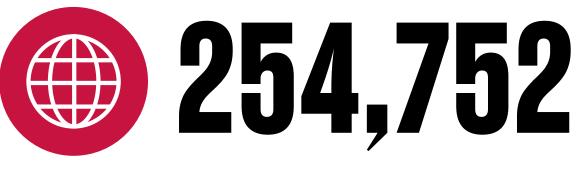












**PAGE VIEWS AT NAPIERSTUDENTS.COM** (1 JULY - 28 MARCH)

\*Numbers accurate as of 28 March 2022



## **WINS FOR STUDENTS**



We influenced the University to extend matriculation deadlines for most programmes for international students who were facing visa delays.



Worried by the impact of the housing crisis on students, we convinced the University to put in place alternative accommodation options for new students in Trimester 2.



In response to student requests, we were successful in getting the Information Services department to install more software packages on university laptops loaned to students.



Recognising the technical needs of our international students, we influenced the Library to purchase power adapters for student use.



To promote sport and wellbeing for everyone, we appointed six new "ENSA x Kukri Ambassadors" to encourage and support underrepresented groups to take part in sport and physical exercise.



We worked with NUS Scotland to lobby the Scottish Government to offer more support for students. Their Programme for 2021/22 included new Special Support Payments and a £5 million investment in digital inclusion.





 Men's Football 2nds after their 3-2 win over Heriot Watt in the final



Men's Volleyball after their 3-0 final win over Strathclyde

## SPORTS WINS

Three of our sports clubs competed in the BUCS Conference Finals in St Andrews in March, with Men's Football 2nds and Men's Volleyball being crowned champions! Men's Hockey also performed brilliantly, narrowly missing out on penalties.



# **SUPPORTING STUDENT COMMUNITIES**

### SOCIETIES

We supported the establishment of seven new societies, including Engineering,



Motorsports, Book Club, and the Hiking & Outdoor Activities Society. We also helped societies that were struggling due to the pandemic to re-build their membership. For example, Queer Napier restarted in September 2021 and have been active since the beginning of the academic year organising regular events, collaborating with other societies and organisations and working together with ENSA to make the University more LGBT+ friendly. Queer Napier ran one event a week for LGBT+ History Month.

> sports & societies membership stats by year 2017-2022)

Year	Sports Affiliation	Sports Memberships	Socs Affiliation	Socs Memberships	Total Affiliation	Total Memberships	Unique Students
2021-22	882	923	674	844	1556	1556	1395
2020-21	353	364	322	367	675	675	586
2019-20	1046	1105	862	1033	1908	1908	1749
2018-19	1016	1112	804	950	1820	1820	1660
2017-18	979	1057	751	866	1730	1730	1558

### **SPORTS**

With a total of 29, in session 21-22 we had our highest number of sports clubs ever, a



fantastic achievement considering the many challenges presented by the pandemic! To get to this number, ENSA supported the development of three new clubs – Futsal, Tennis and Equestrian – and also helped clubs that had dissolved due to COVID-19 to get back up and running and regain their memberships. 23 of the 29 clubs were involved in competitive sport, representing the University through British University & College Sport, Scottish Student Sport and other national competitions.



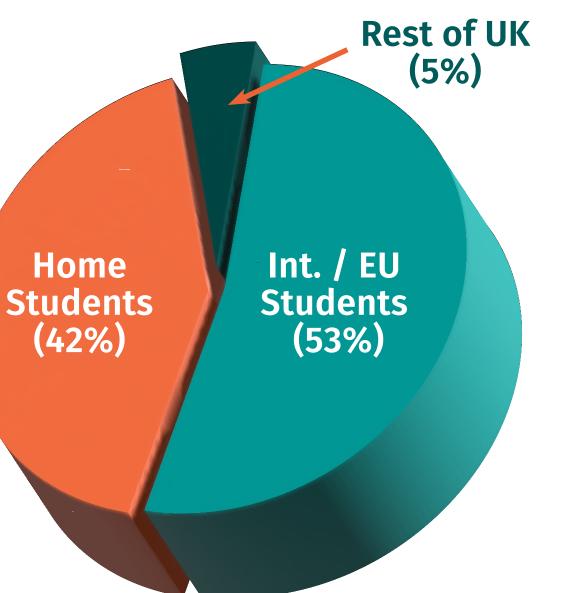
### **PROVIDING HELP** AND ADVICE

ENSA Advice has dealt with 814 cases since the start of the financial year (July 2021 - 28 March 2022) and over 400 meetings with students. Cases are evenly split between academic and welfare enquiries.

Students contacting ENSA Advice were mostly from the School of Health and Social Care (34%) and the Business School (27%), followed by students from the School of Computing (14%), School of Applied Sciences (12%), School of Engineering and Built Environment (8%) and the School of Arts and Creative Industries (5%). We also advised eight Global Online Students and four Transnational Education (TNE) students.

53% of the students we advised were International or EU students, 42% were Home Students and 5% were from the Rest of the UK.

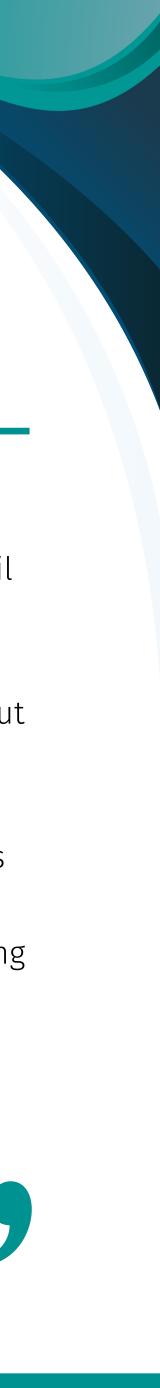






I contacted ENSA to get support and advice in a plagiarism meeting. My email was responded to very quickly and a call was set up. The adviser was very helpful and listened to my issues without judgement. I was then provided with an email explaining how I can prepare for the meeting, which was very useful. This made the meeting stress-free and the correct outcome came out of the meeting as due to the support I was able to tell my story truthfully and worry free.

#### **Anonymous Advice Client**



### **PROMOTING DEMOCRACY** AND EMPOWERMENT

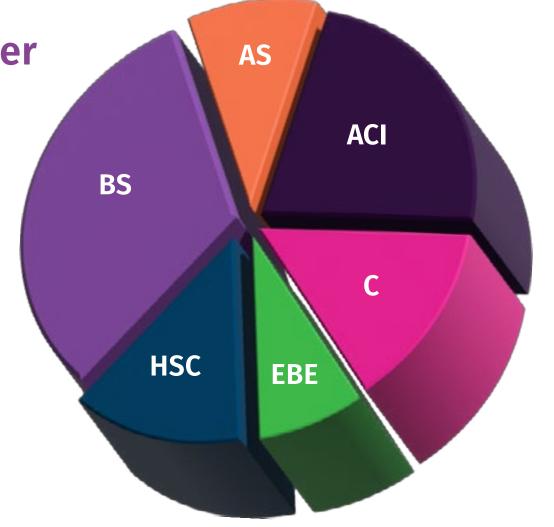
In 2021/22 we had 423 confirmed Programme Representatives (or Reps), with 364 completing their online training, an increase from 2020-21 where 332 Reps completed the online training. This year was the first time we had Representation from Global Online and Distance Learning students, with 17 Reps in total.

Rep Forums have been well attended, with a total of 104 Reps attending forums across three campuses. A wide range of issues have been raised, including debate around the preference for face to face/online/blended learning. Timetabling issues in some courses continued to be an issue, particularly with blended learning.

The ENSA 50, or Student Experience Action Group, has (to date) met four times, proposing and passing three policies focused on Student Housing, Improving Sports Facilities, and a boycott on some companies deemed unethical.

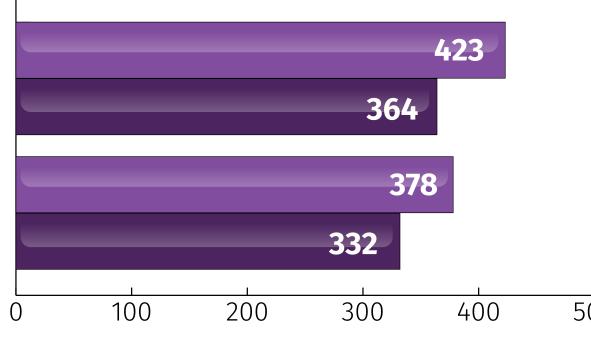
**Reps per** School





AS	School of Applied Sciences (41)			
ACI	School of Arts & Creative Ind (95)			
С	School of Computing (58)			
EBE	School of Eng & Built Env (32)			
HSC	School of Health & Social Care (56)			
BS	Business School (135)			

Confirmed Reps 21/22 Completed Training 21/22 Confirmed Reps 20/21 Completed Training 20/21





## **LEADING CAMPAIGNS**

ENSA's Full-Time Officers demonstrated their commitment to improving student health and wellbeing, promoting equality and diversity and raising awareness around sustainability through a range of campaigns, including:

- Inclusion
- Mental Health
- Stress Awareness Week
- Black History Month
- Disability History Month
- Rainbow Laces Day
- International Women's Day
- No Smoking Day
- Hedgehog Friendly Campus
- LGBTQ+ History Month
- Study Support



### **Climate Week**

During Climate Week we worked with The Woodland Trust, The Green Team and the Edinburgh Napier Sustainable Society (ENSS) to promote sustainability. We also organised activities such as a tour of Edinburgh's green spaces, conservation volunteering, and took students to the global climate strike organised by Fridays for Future.





#### Healthy Body, Healthy Mind

This year ENSA committed to achieving the "<u>Healthy Body, Healthy Mind</u>" award, which focuses on sports, physical activity, smoking prevention and mental health. Our events, social media promotion and work with external organisations go towards achieving this award.

### **Feel Fab Fridays**

Our Feel Fab Fridays campaign promoted wellbeing, healthy living and mental health to our students by allowing them to take a break from their studies and engage with activities organised at all three of our campuses. Activities included yoga, chill-out spaces on campus, wellbeing information stalls, a sports afternoon and a trip to Gorgie Farm.



# **PUTTING ON FUN EVENTS**

Despite continuing restrictions due to COVID-19, ENSA provided a varied programme of events and entertainment across the year.

### Freshers 2022: Super September

This year ENSA extended its traditional week-long Freshers / Welcome Week programme to encompass

the entire month of September, allowing for smaller groups to take part in a wide range of mostly outdoor activities, thereby reducing the risk of spreading Covid-19.

Our three outdoor gazebos 'popped up' at 18 separate Super September Roadshows, across all three campuses, and engaged hundreds of students. These events helped to put the Students' Association at the heart of the campus, and provided freebies, giveaways and deals from 15 commercial partners and charities, including Domino's Pizza, Deliveroo, The Fertility Network and The Woodland Trust.

Throughout Super September, we worked with partners across the city to deliver a total of 26 events, offering a wide range of activities at student friendly prices.

Events included walking tours around the city, sporting activities, volunteering opportunities, club nights, online gaming, and live streams.

With the majority of events being 'alcohol free' and open to under 18s, as well as including a Women's Walking Tour of Edinburgh and an LGBT+ Club Night, our programme of events had a strong focus on inclusion and diversity.









#### **IMPACT REPORT** | PAGE 9



9

# **PUTTING ON FUN EVENTS**

#### **Partnership Working**

We continued to provide our 'Union Bar', working in partnership with one of the most popular hospitality venues in Edinburgh, The Three Sisters. This multipurpose space provides exclusive discounts on food and drinks for Edinburgh Napier students, as well as offering free room hire, a karaoke pod, themed quizzes, open mic nights, and much more.

For late night entertainment, ENSA established a partnership with ATIK to offer a student friendly nightclub experience in the heart of the city.

Working with such a well-established, national partner has allowed us to feature a range of 'big name' entertainment, including Basshunter and Majestic, as well as provide excellent service, security, and value for money.







#### ENSA's Societies & Sports Awards Ball 2022

After a two-year hiatus, we will see the return of ENSA's Societies & Sports Awards Ball on Saturday 2 April.

This glittering event, held at the O2 Academy Edinburgh, is the highlight of the year for many students and brings together over 500 guests for a night of dinner and dancing, with kilts and ball gowns in abundance.

This year we are also offering our recent graduates the opportunity to take part, as they were unable to attend an Awards Ball in the last two years due to Covid-19 restrictions.



## **OUR GOVERNANCE**

ENSA is governed by a Board of Directors who are responsible for ensuring we meet our charitable objects as set out in our Constitution. Specifically, our objects (or purposes) are:

- to represent the interests of the membership within the University and the wider community
- to provide advice and support to the membership, collectively and individually, on issues affecting their education and welfare.
- to provide safe social space and a range of services to cater for the needs of the membership.
- to facilitate regular communication between ENSA and its membership; and between the Association, its members, the University and the wider community as and when appropriate.

- to provide opportunities for personal and professional development for its membership, through participation in Association and University committee structures and activities, and in the activities of Sports and Societies.
- to foster an Edinburgh Napier student identity and culture within the University, across academic disciplines and campuses, and in the wider community.

Our Board consists of the three Elected Officers, six External Lay Directors who are recruited for their expertise (for example, finance or human resources), and three Student Lay Directors who are current Edinburgh Napier University students and who are recruited through an open competition.

New to our Board this academic year are Student Lay Directors, Brodie and Olivia.



### BRODIE **SUTTON**

I'm a 4th year BA (Hons) International Festival and Event Management with Entrepreneurship student. I've had a great time serving on the Board since September – it's a great way to learn more about the governance of organisations and comes with some brilliant mentoring opportunities!



### **OLIVIA** GARDINER

I'm a 4th year BA (Hons) Business Management student. I chose to volunteer as a student lay trustee to help positively contribute to my peers' University experience and to obtain an understanding of Governance.



### **OUR FINANCES**

ENSA is a charity with a mission to improve the university experience of our members, and all of our funding is used in one way or another to support students.

The majority of our income comes from a block grant and strategic funds from Edinburgh Napier University, which in 2021/22 was £540K. We also earn some commercial income through marketing and events. Any surplus goes towards our reserves to make us more resilient.

In 2020/21 our total income was £637,500. The table shows a breakdown of how we spent our money.

#### Expenditure 2020/21

Advice	£59,455.76	11%
Central *	£260,335.97	46%
Communications	£37,740.27	7%
Democracy	£100,379.39	18%
Freshers	£16,642.70	3%
Governance	£13,889.40	2%
Sports & Societies	£76,890.99	14%
Total	£565,334.48	100%
Surplus	£72,176.94	

\*includes office staff, insurance, IT, etc

