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SESSION
2024/25



Make the most of your student experience

Contents



Booklet produced by Edinburgh Napier Students' Association

ENSA's main office is located
at B34 Merchiston Campus,
10 Colinton Road, EH10 5DT.

Web: napierstudents.com
E-mail: ensa@napier.ac.uk
Facebook: [@napierstudents](https://www.facebook.com/napierstudents)
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STAY UP-TO-DATE WITH ALL THE LATEST STUDENT NEWS & ACTIVITIES

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SOCIAL
MEDIA!**

Instagram, Threads, Facebook, X and TikTok



@napierstudents

Introduction to ENSA



▲ ENSA's friendly staff team volunteering at Portobello beach (top) and at the annual Societies & Sports Awards Ball (bottom)

ENSA stands for Edinburgh Napier Students' Association – and it's your students' union. We are a registered charity which exists to represent and support you as students. Any profit we make from events goes straight back into helping to improve the student experience.

ENSA HQ is located in Room B34 at Merchiston Campus. This is where you can usually find your elected Student Co-Presidents and 2 of our advisers, along with the rest of our staff team, who support our Reps, volunteers, sports clubs and student societies. We also have advice offices at Craiglockhart and Sighthill campuses.

You can get further information about everything mentioned in this booklet at www.napierstudents.com.

BOOKING APPOINTMENTS:

If you would like to book a slot with one of our advisers, see page 9. If you want to chat with any other staff or elected officers, drop in to reception, call 0131 229 8791 or e-mail ensa@napier.ac.uk

OFFICE HOURS:

Our standard office hours are 9:30am-4pm, Monday to Friday.



▲
Chika, Ryan and Evans
(ENSA's Co-Presidents for 24/25)

Your Student Co-Presidents

ENSA is led by 3 democratically elected Student Co-Presidents. It is their job to represent the collective interests of all Edinburgh Napier students to key decision-makers at the University and within the wider community.

They are paid and work full-time for ENSA for a term of office lasting 1 year. The students who take on these roles either add a year on after graduation or take a year out of their studies. They are student leaders, working on your behalf to deliver a better university experience, as well as members of ENSA's Board, providing collective governance of the organisation.

Student Elections



All Edinburgh Napier students who are active on a Programme have the opportunity to stand for election for any of the three Student Co-President posts.

Student Elections for these posts are held annually in the Spring, and all Edinburgh Napier students are entitled and encouraged to vote.

Evans EGHAN

**ENSA PRESIDENT
FOR SOCIETIES &
COMMUNITY**



CONTACT ME



@ensa_presidents



@EnsaPres



E.Eghan@napier.ac.uk

Hello everyone, it is such an honour and privilege to be the current President for Societies and Community. In the autumn, I will graduate with a master's degree in Marketing with Festival and Event Management.

Leadership to me is service to the people. With my past experience serving as a student lay director of ENSA, international student ambassador and Programme Rep, while also setting up the African Students society, I have gained diverse perspectives enabling me to effectively serve the entire student community.

This is going to be a remarkable year and I believe that together we can build a community that feels like home and makes students feel empowered, engaged and valued.

MY KEY AIMS FOR THE YEAR:

- Advocate for improved campus facilities and services
- Launch the Napier Student Film Festival
- Create common rooms and student leadership for the accommodation facilities
- Expand on inclusive experiences on campus, through events as the African Festival and Diwali

Chika MARVIS

**ENSA PRESIDENT
FOR EDUCATION &
EMPLOYABILITY**



CONTACT ME



@ensa_presidents



@EnsaEduEmp



C.Marvis@napier.ac.uk

I'm delighted to be the current Co-President for Education and Employability at Edinburgh Napier University. I hope to make a sustainable change and improve the student experience through being part of an association that is helpful, resourceful and friendly.

I hold a master's degree in Environmental Sustainability and was a Programme Representative during my studies.

I've experienced the challenges, pain and struggles that many students face. It is time that our challenges turned to hope.

My manifesto is simple and straightforward - to make a real change for sustainability and growth for a clear path in employability and education enhancement.

MY KEY AIMS FOR THE YEAR:

- Improve student engagement and developmental skills via the Project Management Challenge
- Establish school-specific, student-led communities
- Increase number of Programme Representatives
- Promote ENSA and Uni services on campus with regular staffed stalls in campus foyers

Ryan CAIRNS

**ENSA PRESIDENT
FOR SPORT &
WELLBEING**



CONTACT ME



@ensa_presidents



@EnsaSportsWellbeing



R.Cairns2@napier.ac.uk

I was a student at Edinburgh Napier University for four years, studying Sport & Exercise Science, and have been re-elected as Co-President for Sport & Wellbeing for a second term.

Sports have always been a significant part of my life. I've played tennis, football, and participated in snowsports, but volleyball has been the highlight of my years at Edinburgh Napier.

My primary goal is to boost student engagement in sports and promote inclusivity within the community, ensuring everyone feels welcome and has opportunities to participate.

I am a strong advocate for mental and physical wellbeing, and I plan to support and raise awareness through various campaigns and events.

MY KEY AIMS FOR THE YEAR:

- Push for investment in sports facilities for our clubs to use
- Expand on wellbeing campaigns such as Movember and Feel Fab Feb
- Improve training and handovers so that new club committees are better prepared
- Make our Varsity competition versus QMU even bigger and better than before

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OUR VENUES



01. FIDDLERS ARMS
02. BAR SALSA
03. SUBWAY COWGATE
04. LEGENDS
05. GEORGE IV BAR
06. MCGONAGALL'S
07. STRAMASH
08. MASH HOUSE
09. LA BELLE
10. WHISTLE BINKIES
11. THE GLOBE
12. THE ROYAL MILE TAVERN
13. THE CANONS GAIT
14. MACKAYS
15. HALF/WAY HOUSE

STUDENT DISCOUNT AVAILABLE JUST ASK

QUEEN MARGARET UNI

Advice

ENSA offers Edinburgh Napier students free advice on a range of education and welfare rights issues. With offices at all 3 campuses, our team of trained, professional advisers can provide you with up-to-date, practical advice, helping you to make informed choices.

ENSA Advice is independent of the University. This means that we can give you the best impartial advice possible when it comes to issues with your course, your tutors or the university administration. The service is also completely confidential, and the team will not share any information without your consent.

WE CAN HELP WITH:

- Academic appeals
- Extenuating circumstances and "Fit to Sit"
- Academic and non-academic misconduct
- Fitness to practice
- Complaints
- Issues with your course
- Housing
- Other welfare matters
- Money advice (student funding, fees, benefits and budgeting)



Book yourself an appointment online at
napierstudents.com/advice

in-person, telephone and MS Teams appointments are available.

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MIXER £1 (SUNDAY -
WEDNESDAY)

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SATURDAY)

MONDAY
POPTASTIC
Throwback Party

2 ROOM
CHEESE & REQUESTS
FREE ENTRY

TRASH
TUESDAY

ROOM ONE || POP PUNK
ROOM TWO || COMMERCIAL CHART
FREE ENTRY

COOKIE
WEDNESDAY

CHART | COMMERCIAL | CHEESE
FREE ENTRY

HI-SOCIETY
THURSDAYS

CHART | POP CLASSICS | CHEESE
FREE ENTRY

FLIP FRIDAY
TIME MACHINE
Throwback Party

ROOM ONE | THROWBACK HITS
ROOM TWO | HIP HOP | R&B
FREE ENTRY 9 - 10PM

bubble gum
SATURDAY

CHART
R/B
POP
FREE ENTRY 9 - 10PM

SECRET
SUNDAY

CHART || ANTHEMS
|| REQUESTS
FREE ENTRY

FREE PIZZA

FREE ENTRY SUNDAY - THURSDAY & FREE
ENTRY B4 10PM FRIDAY & SATURDAY

15 - 17 NIDDRY STREET EH1 1LG



Student Council

Get involved and make change happen!

Do you want to be an influencer? A voice for the students at Edinburgh Napier? Do you want to improve the student experience for all? If your answer is yes, then your Student Council needs you!

Student Council is the place where students come together to debate issues, propose solutions and create positive change for thousands of students at Edinburgh Napier University.

Council members who attend at least four meetings will receive official recognition from ENSA and Edinburgh Napier University on their transcript. Great for impressing future employers!

We are looking for volunteers to join the Student Council early in the term. If you would like to make your voice heard and make change happen, contact our Co-President, Chika, at c.marvis@napier.ac.uk to find out more.



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Programme Reps

Have a say on your education

ENSA provides representation at programme level through its support for Programme Reps. Every year of every programme needs at least one and, depending on the size of your class, usually two or three students to be Reps.

Reps gather feedback from their classmates and raise issues and suggest improvements with the teaching staff on their programme. They receive training from ENSA and have the chance to take part in further opportunities to develop their skills and experience.

ISSUES REPS CAN RAISE:

- ✔ Module content
- ✔ Form and frequency of assessments and feedback
- ✔ Access to learning materials
- ✔ Access to tech support, equipment and software
- ✔ Timetabling
- ✘ Personal disputes
- ✘ Welfare problems



Being a Rep only takes a couple of hours each month. If you can listen to your fellow students and voice their concerns and aspirations, put your name forward to your Programme Leader!

It's a great chance to boost your CV while winning improvements for your class. Reps who actively attend meetings also receive official transcripts recognition from Edinburgh Napier University.

Events and Activities

ENSA hosts a wide range of events for Edinburgh Napier students throughout the year, starting with Welcome Week in September.

We also host on-campus activities, awards ceremonies, club nights, cultural celebrations and wellbeing events. We try to put sustainability at the heart of what we do and organise clothes, book and household item swaps, along with other environmentally focused activities.

Our various sports clubs and student societies host amazing fundraisers, showcase events and socials throughout the term too!

We'll keep you up-to-date with everything that is happening on our website and social media channels, so follow **@napierstudents!**

▼ The Annual Sports & Societies Ball (top) and Varsity After-Party (bottom)



Book your event tickets at
napierstudents.com/tickets



Key event dates through the term

7-15 September	•	Welcome Week
10 October	•	World Mental Health Day
End October	•	Halloween
November	•	Movember
13-15 November	•	Napier Film Festival
18-22 November	•	Global Entrepreneurship Week
20-26 January	•	Welcome Back Week
February	•	Feel Fab Feb
5 February	•	Wellbeing Fair
10-14 March	•	Student Elections
March	•	Sustainability Week
26 March	•	Varsity (Napier v QMU)
April	•	ENSA Societies & Sports Awards Ball
May	•	ENSA Excellence Awards



Give it a Go!

napierstudents.com/giveitago

'Give It a Go' is a series of exciting, free events designed to help you try out new activities, meet people and discover new interests. Whether you are looking to pick up a new hobby, join a society or just have some fun between classes, check out our regular stalls at each campus through the term. You can even host your own activity!

Sports & Societies

Getting involved with ENSA's Sports and Societies can be one of the best things you do as a student. Whether you continue to pursue an activity or hobby you've always loved, or want to try something completely new, joining one of our numerous clubs and societies is a great way to have fun, meet new people and enhance your student experience.

Every year our clubs and societies get bigger and better. Many of our sports clubs represent the University in national leagues and competitions. It's not all competitive though, and most of our clubs and societies welcome complete beginners who just want to join for fun and to learn new skills.

Be sure to check out our website and see what is out there - we have a huge range of interests already covered. However, if you can't spot any that you want to join, you should considering starting up your own! Contact either sports@napierstudents.com or societies@napierstudents.com for more info.



Sports directory: napierstudents.com/sports





How to join a club or society

It's really easy - you can see a full A-Z list of everything we offer on our website, which includes descriptions of what the clubs/societies do, membership prices, contact details and social media links.

Many of the clubs and societies will offer free taster sessions at the start of term, so you can meet the students who run the groups and give their activities a try before committing to a membership.

Some of the sports clubs may have trial sessions for their competitive squads, so get in touch with them for details before buying your membership. These will usually be held early in September.

Typical memberships last for a full academic year, from September to July. However, If you are only going to be here for a single trimester, many of the clubs and societies also offer a discounted, single trimester membership.

Once you've decided what you want to join, just pop back on to our website and purchase either an "ENSA Sports Affiliation Fee" or "ENSA Societies Affiliation Fee" along with the membership(s) for your chosen clubs or societies. You can join as many as you like!



Societies directory: napierstudents.com/socs



Campaigns

ENSA leads student campaigns within the university, and in the local community, on issues affecting students. Wellbeing is always a focus, especially during Feel Fab Feb, which sees a whole host of wellbeing events during the month of February.

We recently relaunched our Student Mental Health Agreement in partnership with the University's Wellbeing Team. There will be lots of opportunities for students to get involved in wellbeing events and workshops throughout the year, so keep a look out for info at www.napierstudents.com/SMHA.

We also join national campaigns as part of the National Union of Students (NUS) on issues affecting students across the UK, such as the cost of living crisis.

It's only by caring enough to take a stand on issues that we can, together, create change, win improvements and make a difference.

We hope you will get involved with ENSA campaigns this year, even if it is just by filling in a survey or liking and sharing our posts on social media to help raise awareness on issues.



▲ Marching during Edinburgh Pride (above) and bringing Alpacas to campus for Feel Fab Feb (right)

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