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# **SESSION 2022-2023**

**ENSA** - helping you to make the most of your student experience



### INTRODUCTION FROM THE CEO

After starting in post during Covid restrictions in 2020, I've been delighted to experience, at last, the full programme of in-person activities and events offered by ENSA this academic year. I was particularly impressed by the size and scale of the Freshers' Fair at the O2 Academy and witnessing some 3,000+ students take part in this terrific event with its more than 100 stalls.

Among this year's successes, I would highlight improvements in the areas of Advice and Activities. Our Advice Team implemented an easy-to-use online booking system, enabling students to choose how they would like to receive support – online, in person, via email or over the phone. And our Student Activities Team overhauled our training programme for clubs and societies, which includes each club now being offered first aid training.

On a more sombre note, the Officers and I have been concerned about our members during the cost-of-living crisis. In response to the financial hardship many students are experiencing, ENSA launched (with seed funding from both ENSA and the University) a Community Pantry to provide food for students who are struggling financially. This has proved a popular initiative and we intend to continue it into the next session.

Finally, I'd like to recognise the long service of some of our staff at the Students' Association. Three of the ENSA Team have been with us for 20 years or more! You can read about them – and about what ENSA has been up to this year – in the pages that follow.



### **Dee Bird, ENSA CEO**



ENSA's Community Pantry being supported by the University's Principal, Prof Andrea Nolan.



### ELECTED OFFICERS

ENSA's three Elected Officers have been working on your behalf to help you make the most of your university experience.



#### OLUMUYIWA OPALEYE PRESIDENT FOR SOCIETIES AND COMMUNITY

I have led initiatives aimed at promoting student welfare, inclusion, and representation. Improvements I have secured or supported include free breakfasts for all students, a more flexible fee repayment plan for international students, the introduction of inclusion workshops for society committee members and the development of policy on decolonising the curriculum. I took part in the Student Housing and Cost-of-Living Roundtable at the Scottish Parliament and, with my co-presidents, implemented ENSA's Community Pantry, a project which began under the previous year's sabbatical officers.



I have promoted student physical fitness and wellbeing this year through Feel Fab Feb, the inclusive recreational sport programme and the Community Pantry. I'm very proud of ENSA's sports clubs and recognise the tremendous achievements of both individual and team sports in BUCS and other leagues and am delighted with the number of ENSA club championships. It was my pleasure to work with my counterpart at QMU to organise Varsity this year (Napier won 8 out of 10 competitions!). I have also appreciated the chance to represent student concerns to the University and to the members of University Court.

### **EKAMDEEP BUMRA** CO-PRESIDENT FOR SPORT AND WELLBEING



#### VISHAL KHATTAR CO-PRESIDENT FOR EDUCATION AND EMPLOYABILITY

With my remit to increase student engagement in academic and career-related activities, I worked with Student Futures to promote their services, especially during Student Opportunities Week. I worked with colleagues in the Department of Learning and Teaching in the development of the new curriculum, ENhance, ensuring that it provides students with the skills and knowledge required to succeed. Through social media, I promoted partnerships with local businesses to make students aware of job opportunities. I also led the Rep Forums, including the first-ever Transnational and Global Online Rep Forum.



#### STATS AT A GLANCE THE YEAR IN NUMBERS (JULY 2022 - MARCH 2023) 353 36 26 82 **SUPPORTED FRESHERS STUDENT STUDENT SPORTS** PROGRAMME **EVENTS** SOCIETIES **ELECTIONS CLUBS** REPS TURNOUT **257,836 FACEBOOK FACEBOOK FOLLOWERS**\* 817 1078 **PAGE VIEWS AT** 2,415 SOCIETIES **SPORTS TWITTER** NAPIERSTUDENTS.COM MEMBERS **MEMBERS FOLLOWERS\*** (1 JULY - 28 MARCH) **(3,165**) INSTAGRAM







\*Numbers accurate as of 28 March 2023



## WINS FOR STUDENTS



We influenced the University to provide free breakfast for ALL students to cushion the effect of the cost-of-living crisis.



We worked with NUS Scotland to lobby the Scottish Government to increase undergraduate financial support from SAAS by £900 starting in session 2023/24.



We influenced the University to consider a flexible tuition repayment plan for students.



We have influenced initiatives within the Schools to raise funds to support the Community Pantry.



We influenced the library to waive library penalties and increase opening hours in winter for students so that they had somewhere warm to study during the cost-of-living crisis.



We influenced the library services to decolonise its library collection to be more inclusive.



We influenced the University to get extra bedding for individual students and their families.



We continued to deliver the objectives set out in the Student Partnership Agreement.



We worked with the Wellbeing Feam to create a new Student Mental Health Agreement.



### SPORTS WINS









Scottish Conference Cup Winners: Men's Hockey and Men's Football. Finalists: Men's Volleyball and Men's Rugby.

**BUCS League Winners:** Badminton (mixed), Men's Hockey and Men's Volleyball.

Varsity Cup Winners: 8-2 win over Queen Margaret University



## FOCUS ON SOCIETIES

This year we supported the establishment of a number of new societies, including Formula Student and the Book Club, as well as the following: Psychology, Media, Computing, Debating, Chess, Jazz and STEM Society.

Formula Student's Lucas Touw (pictured bottom right) won "President of the Year" in the Bright Network's UK-wide Society of the Year Awards.

















## **ADVICE SERVICE**

ENSA Advice offers a free, independent, impartial and confidential advice and guidance service for all Edinburgh Napier University students in matters related to education and welfare.

### Which students are using **ENSA Advice and for what?**

56% are international/EU students, 41% are Scottish-domiciled students and 3% are from the rest of the UK (RUK).

The majority of students require support with academic appeals, academic misconduct, and money issues.

### What do students say about **ENSA Advice?**

95% were satisfied with the help they received and would recommend the service.

"Very sound advice offered with compassion and reassurance."

"I believe my experience with ENSA Advice was amazing and I do not think anything could be improved. They have helped me stabilise my future and I am incredibly grateful."

"I won the appeal tonight and will get to resit my exam and finish any outstanding exams. I'm so happy, and thanks again for everything."









### REPRESENTATION

In 2022/23 we had a total of 353 confirmed Programme Representatives with 230 of these completing their training. We had an increase in Distance/Online Reps submitted, with 22 in total.

To date this year, we have held a total of 10 Rep Forums with over 90 students attending. This included our first ever Transnational Education and Global Online forum in February.





#### **Reps Per School**

- School of Applied Sciences (54) AS
- School of Arts & Creative Ind (56) ACI
- School of Computing, Eng & Built Env (61) CEB
- School of Health & Social Care (62) HSC
- Business School (120) BS



### EVENTS

Freshers' Week: ENSA organised, or supported the delivery of, 36 events and activities during Freshers', with something for everyone – from nightclub gigs like Pixel Kid to Harry Potter tours to the ever-popular trip to the Pitlochry Highland Games.

**Freshers' Fair:** Always the highlight of Freshers' is the Fair. Held at the O2 Academy in Edinburgh, we had an estimated 3000+ students and 110+ stalls.

Awards Ball 2023: This year's Societies and Sports Award Ball was held at the Edinburgh International Conference Centre (EICC) with more than 430 students in attendance. Many congratulations to all the award winners – and well done to Ryan Cairns who was voted Sports Personality of the Year.











## FINANCE AND GOVERNANCE

ENSA is governed by a Board of Directors which is responsible for ensuring that we are compliant with charity law, that we spend our money responsibly and that meet our charitable objects as set out in our Constitution.

Our Board consists of the three Elected Officers, six External Lay Directors who are recruited for their expertise (for example, finance or human resources), and three Student Lay Directors who are current Edinburgh Napier University students and who are recruited through an open competition.

The majority of our income comes from Edinburgh Napier University and in 2022/23 we received a total of £564K (an increase of £24K on the previous year).

In addition, we generate a modest amount of commercial income through sales and corporate sponsorships. Any surplus goes towards our reserves to make us more resilient.



#### **Expenditure 2021/22**

Advice	£63,695	11%
Central *	£238,113	41%
Communications	£50,232	9%
Democracy	£95,975	16%
Freshers	£18,177	3%
Governance	£11,546	2%
Social	£35,657	6%
Sports & Societies	£73,997	13%
Total	£587,393	100%
Surplus	£68,327	

\*includes office staff, insurance, IT, etc





# FOCUS ON ENSA STAFF



**ELAYNE** MCNALLY RECEPTIONIST

I joined ENSA in 1986 when it was NSA and Napier was then a Polytechnic. I started off in the student shop before jumping ship from the commercial services side into Office Administration in 1994.

What keeps the post interesting for me is there are no 2 days the same. I enjoy working with young people who are ambitious. The change of Student Presidents keeps it exciting, with the campaigns and issues they want to drive forward.



I joined ENSA in 2003 in an admin job share role and have gradually increased my hours over the last 19 years as my family have grown up and my role within ENSA has changed.

I enjoy the variety of activities involved and the change in Full Time Officers keeps the job fresh and exciting.

**SUSAN** FINN **ADMINISTRATOR** 



### CRAIG REID

**GRAPHIC DESIGN &** COMMUNICATIONS **TEAM LEAD** 

I joined ENSA as an Edinburgh Napier University graduate back in 2002, having completed both my honours degree and postgraduate studies at the University.

My job is kept interesting through the wide variety of activities that ENSA puts on throughout the year, with fresh ideas and new projects frequently popping up. It stops the job from getting stale and keeps me on my toes!



